Potty Training Policy

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I aim to work in partnership with parents and carers, when you wish to start potty training your child. Each child is different and cannot be hurried into potty training before they are ready.

Many children will show strong signs that they are ready for potty training before the age of 3 years old. The bladder capacity increases significantly between the ages of 2 and 3 years, so that by the time they are 3 most children can hold on and stay dry for longer periods of time. Though some may be slightly earlier, and some take longer, each child is different!

When you believe your child is ready to be potty trained, you are required to start the process at home over a holiday period or at least a weekend. We can always start off by putting your child on the potty at regular times of the day and at nappy changing time, then progress from there.

I would require your child to wear either pull ups or at least trainer pants until they can **actually ask** to use the toilet before they require it and can control their bladder / bowels a few moments beyond that announcement. Normal pants can only be used here on their own once your child has demonstrated full bladder and bowel control and asking for the toilet, we will discuss at the time when necessary. If using trainer pants, please supply some nappies / pull ups for outings and sleep times until child is fully trained. If a child has more than 3 accident per day, it means they are not ready and a pull up will be put on the child.

Whilst potty training, children really need to wear suitable clothing, e.g. easy to pull up and down, no dungarees or baby grows with poppers underneath.

During potty training in normal pants, it would be good practice to supply at least 2 or 3 extra full changes of clothing, to include socks (if wearing them). Soiled clothes will be returned in a plastic bag at the end of the day.